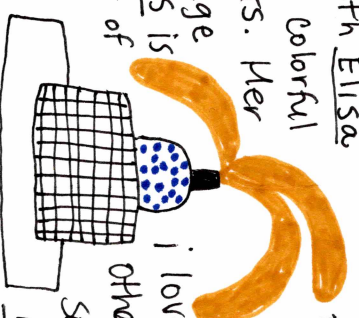


I traded zines with Elisa Milan. She makes colorful zines and portraits. Her monthly half-page zine HELLO NEWS is so striking. A lot of art + writing about being an



I love being inspired by other zine makers! It's so fun to check out her stuff! BIO. SITE/HELLOELISAMILAN

We're both talked out, yet nothing feels resolved. Also I feel like I do most of the emotional work in this relationship and a small part of me doesn't want/have the energy to get to the bottom of anything.

Artist. Her zine feels very fresh. It's typed with 2 column pages so she packs a lot of info which makes for a fun read over coffee in the morning. She's inspiring me to make longer full sized zines. Maybe I'll try the format out again and include full pages of my art. Maybe include scans of my sketchbook work.

point of me giving him meds for it. As he's gotten older it's been getting worse. Not only storms but now minor noises around the house. It's been hard to deal with esp since I'm still not quite mobile after my back injury. I feel like my own anxiety and OCD tendencies have ramped up these past couple of weeks. K and I have kind of swept our issues from two weeks ago under the rug. I feel like



Maybe we write things down in different ways until we make sense of it all. I was looking back at my old journal from two years ago and they're still some threads of confusion that I grapple with today. Esp in relationships. How I behave. The people I choose to surround myself with. But I also see growth in regards to certain thought patterns. A spiralling journey. Muskoka has been having a lot of anxiety lately. To the

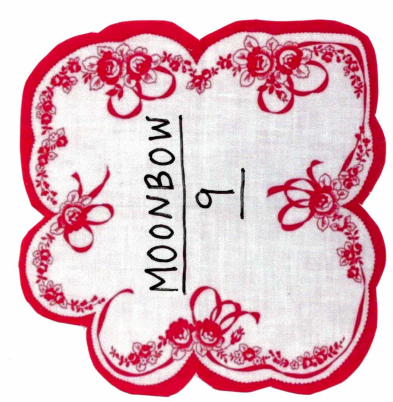
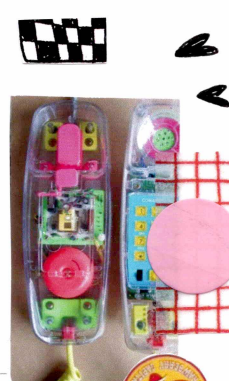


I wonder if Courtney Barnett will tour this year and if she'll come to Toronto. I really want to see her play. Also, WAXATATCHEE. It's been forever since I've seen a live band.

I was thinking about putting a QR code in my next zine that will take a person to a special hidden page on my website. Maybe a secret photo album or showing a few pages of my sketchbook that I haven't shown elsewhere. I think that would be fun.

NEW CASSETTE - Angel Olsen  
SUNDAY - Hannah Lew  
WATCHING - Young Sherlock. A really fun watch. Makes me want to check out some other Sherlock shows. Oh, been watching the show FARGO too, so many actors!

MUSIC  
WATCHING  
YOUNG SHERLOCK  
FARGO



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